

Roosevelt Care Center at Old Bridge

Week-At-A-Glance

hcs1northern2023 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Glazed Cinnamon Roll Orange Juice Milk Coffee or Hot Tea	Bananas Foster French Toast - Margarine Oatmeal Cereal Cold Cereal of Choice Sausage Patty Orange Juice Milk Coffee or Hot Tea	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice English Muffin - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Biscuit - Sausage Gravy Oatmeal Cereal Cold Cereal of Choice Hashbrown Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Streusel Coffee Cake - Margarine Orange Juice Milk Coffee or Hot Tea	Western Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Buttermilk Pancakes - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Bacon Orange Juice Milk Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Pork Loin Hamburger Steak w/Grilled Onions - Brown Gravy Baked Beans Mashed Potatoes Country Vegetable Blend Seasoned Spinach Cornbread - Margarine Strawberry Shortcake Coffee or Hot Tea	Turkey & Cheese Hoagie - Lettuce & Tomato - Mayonnaise Cheese Quiche Macaroni Salad Marinated Cucumber & Tomato Salad Green Pea Salad Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Coffee or Hot Tea	Marinated Chicken Thigh Meatballs w/Gravy Oven Brownd Potatoes Seasoned Rice Sugar Snap Peas Broccoli Florets Dinner Roll/Bread - Margarine Chocolate Chip Cookie Coffee or Hot Tea	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast Duchess Mashed Potatoes Buttered Rice Honey Roasted Carrots Squash Medley Poppy Seed Dinner Roll - Margarine Lemon Bar Coffee or Hot Tea	Cheese Lasagna Egg Salad Sandwich - Lettuce & Tomato Potato Salad Caesar Salad Marinated Green Bean Salad Garlic Bread Fruit Cocktail Coffee or Hot Tea	Cornflake Crusted Tilapia Fillet Smothered Steak Macaroni & Cheese Mashed Potatoes Buttered Green Peas Seasoned Spinach Dinner Roll/Bread - Margarine Sour Cream Orange Cake Coffee or Hot Tea	Roast Turkey - Poultry Gravy BBQ Pork Chop Rice Pilaf Baked Sweet Potatoes Steamed Broccoli Florets w/Lemon Sliced Carrots Dinner Roll/Bread - Margarine Cherry Cheesecake Bar Coffee or Hot Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders - Honey Mustard Lemon Pepper Tilapia Fillet French Fries - Ketchup Parsley Rice Tossed Salad w/Dressing Capri Vegetable Blend Dinner Roll/Bread - Margarine Pear Crisp Milk Coffee or Hot Tea	Country Fried Steak w/Mushroom Gravy Garlic Baked Pork Chop Mashed Potatoes Parsley Noodles Sauteed Green Beans Buttered Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Vanilla Ice Cream Milk Coffee or Hot Tea	Shrimp Scampi Thin Crust Cheese Pizza Spaghetti Noodles Roasted Zucchini Sauteed Spinach w/Garlic Italian Herbed Dinner Roll - Margarine Chilled Peach Parfait Milk Coffee or Hot Tea	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Tuna Salad Sandwich - Lettuce & Tomato Potato Chips Macaroni Salad Green Pea Salad Marinated Tomato & Onion Salad Seedless Watermelon Cubes Milk Coffee or Hot Tea	Rancher's Chicken Breast Italian Sausage Baked Potato - Margarine - Sour Cream Parsley Noodles Sauteed Asparagus Cuts Broccoli Florets Dinner Roll/Bread - Margarine Double Chocolate Brownie Milk Coffee or Hot Tea	Hot Dog on a Bun - Baked Beans - Mustard Grilled Cheese Sandwich French Fries - Ketchup Confetti Coleslaw Sugar Snap Peas Chilled Pears Milk Coffee or Hot Tea	Meatball Sub Sandwich Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Potato Wedges - Ketchup Buttered Noodles Seasoned Green Beans Zucchini Tropical Fruit Salad Milk Coffee or Hot Tea

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Week-At-A-Glance

hcs1northern2023 Week 2

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Blueberry Muffin - Margarine Orange Juice Milk Coffee or Hot Tea	French Toast Casserole - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Sausage Patty Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs w/Cheese Oatmeal Cereal Cold Cereal of Choice Biscuit - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Egg & Hashbrown Bake Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Buttermilk Pancakes - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Bacon Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice English Muffin - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Breakfast Ham Orange Juice Milk Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Herb & Lemon Tilapia Fillet Ranch Style Potato Wedges Egg Noodles Country Vegetable Blend Green Peas Cornbread - Margarine Banana Cream Pie Coffee or Hot Tea	Hawaiian Baked Ham Herbed Chicken Breast Whipped Sweet Potatoes Parsley Noodles Sauteed Spinach w/Garlic Sliced Carrots Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea	Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Tuna Salad Sandwich - Lettuce & Tomato French Fries - Ketchup Garden Pasta Salad Confetti Coleslaw Broccoli Salad Oatmeal Raisin Cookie Coffee or Hot Tea	Encrusted Pork Loin Smothered Turkey Patty Oven Browned Potatoes Parmesan Noodles Braised Cabbage Zucchini & Onions Dinner Roll/Bread - Margarine Mandarin Oranges Coffee or Hot Tea	Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Garlic Baked Pork Chop Cilantro Rice Oven Roasted Potatoes Mexican Corn (veg) Sugar Snap Peas Dinner Roll/Bread - Margarine Seedless Watermelon Cubes Coffee or Hot Tea	Lemon Butter Baked Tilapia Fillet Chicken Tenders - Honey Mustard Rice Pilaf Mashed Potatoes Roasted Green Beans Seasoned Spinach Dinner Roll/Bread - Margarine Lemon Glazed Angel Food Cake Coffee or Hot Tea	Classic Baked Ziti Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear French Fries - Ketchup Tossed Salad w/Dressing Green Pea Salad Italian Herbed Dinner Roll - Margarine Cinnamon Brown Sugar Blondie Coffee or Hot Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Stir Fry w/Vegetables Cheese Ravioli w/Marinara Sauce Steamed Rice Tossed Salad w/Dressing Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea	Egg Salad Sandwich on Croissant - Lettuce & Tomato Hamburger Steak w/Grilled Onions - Brown Gravy Creamy Dill Macaroni Salad Seasoned Rice Marinated Tomato & Onion Salad Squash Medley Dinner Roll/Bread - Margarine Chocolate Cake w/ Peanut Butter Frosting Savory Summer Soup - Saltine Crackers Milk Coffee or Hot Tea	Chicken Parmesan w/ - Spaghetti Noodles Parsley Pork Chop Mashed Potatoes Herbed Green Beans Sugar Snap Peas Garlic Bread Fruit Cocktail Milk Coffee or Hot Tea	Breaded Fish on a Bun - Tartar Sauce Marinated Chicken Thigh Tater Tots - Ketchup Herbed Rice Peas & Carrots Seasoned Spinach Dinner Roll/Bread - Margarine Chocolate Ice Cream Milk Coffee or Hot Tea	Salisbury Steak - Brown Gravy Cheese Quiche Au Gratin Potatoes Squash Medley Country Vegetable Blend Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait Milk Coffee or Hot Tea	Grilled Turkey & Cheese Sandwich Rancher's Pork Chop Potato Wedges - Ketchup Herbed Noodles Broccoli Florets Steamed Asparagus Cuts Dinner Roll/Bread - Margarine Tropical Fruit Salad Milk Coffee or Hot Tea	Rotisserie Chicken Thigh Cheese Quesadilla - Sour Cream Oven Browned Potatoes Steamed Rice Sliced Glazed Carrots Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Chilled Peaches Milk Coffee or Hot Tea

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Week-At-A-Glance

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Bacon Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Glazed Cinnamon Roll Orange Juice Milk Coffee or Hot Tea	Biscuit - Sausage Gravy Oatmeal Cereal Cold Cereal of Choice Hashbrown Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice English Muffin - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice Toast - Jelly - Margarine Orange Juice Milk Coffee or Hot Tea	Buttermilk Pancakes w/Strawberry Topping - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Breakfast Ham Orange Juice Milk Coffee or Hot Tea	Western Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Toast - Jelly - Margarine Orange Juice Milk Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Cream Gravy Marinated Chicken Thigh Herbed Mashed Potatoes Buttered Rice Seasoned Spinach Green Peas Cornbread - Margarine S'more Pudding Parfait Coffee or Hot Tea	Dijon Pork Loin Salisbury Steak - Brown Gravy Scalloped Potatoes Buttered Noodles Broccoli Florets Sliced Carrots Dinner Roll/Bread - Margarine Black Forest Cake Coffee or Hot Tea	Meatsauce w/ - Spaghetti Noodles Honey Dijon Chicken Breast Mashed Potatoes Caesar Salad Green Beans Garlic Bread Deluxe Fruit Salad Coffee or Hot Tea	Herbed Turkey - Poultry Gravy Cornflake Crusted Tilapia Fillet Mashed Potatoes Rice Pilaf Country Vegetable Blend Sugar Snap Peas Parsley Dinner Roll - Margarine Double Chocolate Brownie Coffee or Hot Tea	Deluxe Macaroni & Cheese Hamburger Steak w/Grilled Onions - Brown Gravy Mashed Potatoes Tomato Basil Salad Green Peas Dinner Roll/Bread - Margarine Sugar Cookie Coffee or Hot Tea	Shrimp Alfredo w/ - Spaghetti Noodles Chicken Tenders - Honey Mustard Buttered Rice Roasted Green Beans Zucchini & Onions Garlic Bread Peach Shortcake Coffee or Hot Tea	Sweet & Sour Chicken Glazed Baked Pork Chop Fried Rice Mashed Potatoes Sugar Snap Peas Sliced Carrots Dinner Roll/Bread - Margarine Vanilla Ice Cream Coffee or Hot Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Thin Crust Cheese Pizza Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayonnaise Potato Wedges - Ketchup Parmesan Baked Zucchini Green Beans Dinner Roll/Bread - Margarine Apple Crisp Milk Coffee or Hot Tea	BBQ Pulled Chicken Sandwich Cheese Quesadilla - Sour Cream Tater Tots - Ketchup Steamed Rice Confetti Coleslaw Sauteed Asparagus Cuts Seedless Watermelon Cubes Milk Coffee or Hot Tea	Tuna Melt Sandwich Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Potato Wedges - Ketchup Parsley Noodles Buttered Green Peas Squash Medley Orange Sherbet Milk Coffee or Hot Tea	Italian Sausage Cheese Quiche Parmesan Noodles Broccoli Florets Sauteed Spinach w/Garlic Dinner Roll/Bread - Margarine Chilled Pears Milk Coffee or Hot Tea	Rancher's Chicken Thigh Garlic Baked Pork Chop Oven Browned Potatoes Rice Pilaf Sliced Carrots Sauteed Asparagus Cuts Dinner Roll/Bread - Margarine Fruit Cocktail Milk Coffee or Hot Tea	Hot Dog on a Bun - Baked Beans - Mustard Egg Salad Sandwich - Lettuce & Tomato Potato Chips Calico Coleslaw Marinated Mixed Vegetable Salad Mandarin Oranges Milk Coffee or Hot Tea	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Smothered Turkey Patty French Fries - Ketchup Parsley Noodles Tossed Salad w/Dressing Capri Vegetable Blend Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea

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Week-At-A-Glance

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Blueberry Muffin - Margarine Orange Juice Milk Coffee or Hot Tea	French Toast - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Sausage Patty Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs w/Cheese Oatmeal Cereal Cold Cereal of Choice Biscuit - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Buttermilk Pancakes - Margarine - Syrup Oatmeal Cereal Cold Cereal of Choice Bacon Orange Juice Milk Coffee or Hot Tea	Egg & Hashbrown Bake Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Orange Juice Milk Coffee or Hot Tea	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Peach Streusel Coffee Cake - Margarine Orange Juice Milk Coffee or Hot Tea	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Breakfast Ham Orange Juice Milk Coffee or Hot Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Egg Salad Sandwich - Lettuce & Tomato Tuna Salad Sandwich - Lettuce & Tomato Creamy Dill Macaroni Salad Potato Chips Tomato Basil Salad Broccoli Salad Butterscotch Pudding Hearty Vegetable Soup - Saltine Crackers Coffee or Hot Tea	Chicken Cottage Pie Rancher's Pork Chop Buttered Rice Sliced Glazed Carrots Seasoned Green Beans Dinner Roll/Bread - Margarine Marble Cake w/White Frosting Coffee or Hot Tea	Honey Glazed Sliced Ham Salisbury Steak - Brown Gravy Baked Sweet Potatoes Parmesan Noodles Spinach Au Gratin Capri Vegetable Blend Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Coffee or Hot Tea	Cheese Ravioli w/Marinara Sauce Ham Sandwich - Lettuce & Tomato - Mayonnaise Potato Salad Caesar Salad Marinated Cucumber & Onion Salad Garlic Bread Mandarin Oranges Coffee or Hot Tea	Beef Pepper Steak w/Gravy Grilled Cheese Sandwich Mashed Potatoes Parsley Rice Broccoli Florets Sugar Snap Peas Dinner Roll/Bread - Margarine Chocolate Cream Pie Coffee or Hot Tea	Herb & Lemon Tilapia Fillet Hamburger Steak w/Grilled Onions - Brown Gravy Rice Pilaf Roasted Red Skin Potatoes Steamed Asparagus Cuts Sliced Parsley Carrots Parsley Dinner Roll - Margarine Snickerdoodle Cookie Coffee or Hot Tea	Grilled Turkey & Cheese Sandwich Italian Sausage French Fries - Ketchup Egg Noodles Creamy Cucumber & Onion Salad Broccoli Florets Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garlic Herbed Pork Loin BBQ Chicken Thigh Garlic Roasted Red Skin Potatoes Buttered Rice Seasoned Cabbage Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Apple Crisp Milk Coffee or Hot Tea	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Fish on a Bun - Tartar Sauce Tater Tots - Ketchup Buttered Noodles Confetti Coleslaw Roasted Garlic Squash Tropical Fruit Salad Milk Coffee or Hot Tea	Rotisserie Chicken Thigh Cheese Quiche Garlic Potato Wedges Green Peas Marinated Tomato & Onion Salad Dinner Roll/Bread - Margarine Blondie Milk Coffee or Hot Tea	Breaded Fish on a Bun - Tartar Sauce Smothered Turkey Patty Oven Browned Potatoes Seasoned Rice Squash Medley Whole Kernel Corn (veg) Dinner Roll/Bread - Margarine Vanilla Glazed Angel Food Cake Milk Coffee or Hot Tea	BBQ Pork Platter Chicken Tenders - Honey Mustard Baked Beans Buttered Noodles Seasoned Green Beans Sauteed Spinach Cornbread - Margarine Sliced Pears Milk Coffee or Hot Tea	Chicken Salad Sandwich on a Croissant - Lettuce & Tomato Thin Crust Cheese Pizza Potato Chips Green Pea Salad Country Vegetable Blend Dinner Roll/Bread - Margarine Chilled Peach Parfait Milk Coffee or Hot Tea	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Cheese Quesadilla - Sour Cream Yellow Rice Parmesan Baked Zucchini Sugar Snap Peas Garlic Bread Chocolate Ice Cream Milk Coffee or Hot Tea